

COSTABRAVA

STAGE RUN

buag
ACTIVE WEAR

GARMIN

Costa Brava
Pirineu de Girona

ee

STAGE2
Begur [Aiguablava]
L'Escala
35k | 1000M+

CBSR85K
15-17 OCT '21
85k | 2800M+

CBSR.RUN

ALL

Stage 2 1/2

Rank	#	Runner	Category	Total Km 35,0	Sector 1 Sa Riera Km 9,7	Sector 2 L'Estartit Km 10,6	Sector 3 L'Escala Km 14,7		
1	150	Carlos Antonio Lopez	MEN	3:58:37 min/km 06:49,1	3 1:14:41 07:42,0	5 1:04:54 06:07,4	1 1:39:02 06:44,2		
2	122	Cristhian Acevedo Cárdenas	MEN	3:59:26 min/km 06:50,5	1 1:13:05 07:32,1	2 1:04:11 06:03,3	3 1:42:10 06:57,0		
3	132	Carlos Casquet Sesmonde	MEN	4:00:54 min/km 06:53,0	2 1:13:07 07:32,3	7 1:06:32 06:16,6	2 1:41:15 06:53,3		
4	127	Paul Antoine Vanuls	MEN	4:17:23 min/km 07:21,2	5 1:17:40 08:00,4	4 1:04:46 06:06,6	5 1:54:57 07:49,2		
5	104	Amalie Wærum Hauge	WOMEN	4:17:43 min/km 07:21,8	7 1:18:08 08:03,3	3 1:04:30 06:05,1	6 1:55:05 07:49,7		
6	153	Amy Streeter	WOMEN	4:20:10 min/km 07:26,0	17 1:30:35 09:20,3	1 0:59:48 05:38,5	4 1:49:47 07:28,1		
7	128	Juan Perucha-Martinez	MEN	4:23:38 min/km 07:31,9	6 1:17:52 08:01,6	6 1:05:51 06:12,7	11 1:59:55 08:09,5		
8	107	José Manuel González Jurado	MEN	4:24:47 min/km 07:33,9	4 1:17:37 08:00,1	8 1:08:17 06:26,5	9 1:58:53 08:05,2		
9	119	Sessel Elmstrøm	WOMEN	4:30:44 min/km 07:44,1	8 1:23:11 08:34,5	10 1:10:31 06:39,2	8 1:57:02 07:57,7		
10	117	Trine Stoltenborg	WOMEN	4:39:44 min/km 07:59,5	11 1:27:29 09:01,1	11 1:11:52 06:46,8	12 2:00:23 08:11,3		
11	113	Jorge Piernas Gallejo	MEN	4:42:01 min/km 08:03,5	10 1:27:15 08:59,7	14 1:14:55 07:04,1	10 1:59:51 08:09,2		
12	109	Luz Perez Carbaio	WOMEN	4:42:23 min/km 08:04,1	20 1:37:27 10:02,8	9 1:09:12 06:31,7	7 1:55:44 07:52,4		
13	156	Carles València Nebot	MEN	4:46:48 min/km 08:11,7	16 1:30:01 09:16,8	12 1:13:01 06:53,3	14 2:03:46 08:25,2		
14	133	Sandra Vilarrubias Albiac	WOMEN	4:47:21 min/km 08:12,6	12 1:29:11 09:11,6	13 1:13:55 06:58,4	15 2:04:15 08:27,1		
15	145	Carles Armengol Berenquer	MEN	4:51:47 min/km 08:20,2	14 1:29:17 09:12,3	15 1:16:19 07:12,0	16 2:06:11 08:35,1		
16	152	Edgar Arvizu	MEN	5:01:27 min/km 08:36,8	18 1:30:54 09:22,3	16 1:16:43 07:14,2	17 2:13:50 09:06,3		
17	121	Frank Soudan	MEN	5:04:00 min/km 08:41,1	9 1:25:49 08:50,8	17 1:20:12 07:34,0	21 2:17:59 09:23,2		
18	124	Francesc Garrido	MEN	5:04:25 min/km 08:41,9	15 1:29:19 09:12,5	18 1:20:29 07:35,6	19 2:14:37 09:09,5		
19	125	David Gubern Domínguez	MEN	5:04:25 min/km 08:41,9	13 1:29:15 09:12,1	19 1:20:37 07:36,3	18 2:14:33 09:09,2		
20	126	Arnaud Brogniet	MEN	5:20:11 min/km 09:08,9	25 1:45:45 10:54,1	23 1:31:43 08:39,2	13 2:02:43 08:20,9		
21	149	Carles Caparros Gibernau	MEN	5:29:50 min/km 09:25,4	19 1:37:19 10:02,0	30 1:33:55 08:51,6	23 2:18:36 09:25,7		
22	134	Eva Llinàs Baquedanch	WOMEN	5:29:50 min/km 09:25,4	23 1:39:08 10:13,2	24 1:31:52 08:40,0	24 2:18:50 09:26,6		
23	148	Raül Jimenez Navarrete	MEN	5:29:57 min/km 09:25,6	21 1:37:53 10:05,5	28 1:33:37 08:49,9	22 2:18:27 09:25,1		
24	108	Juan Pedro González Jurado	MEN	5:36:30 min/km 09:36,8	22 1:38:03 10:06,5	33 1:37:15 09:10,5	25 2:21:12 09:36,3		
25	136	Lonneke Elzerman	WOMEN	5:37:18 min/km 09:38,2	24 1:45:30 10:52,6	20 1:25:49 08:05,8	29 2:25:59 09:55,9		

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Costa Brava Pirineu de Girona TERRITÓRIU TRAIL LA SEIVA Parc Natural del Montgó, les Illes Medes i el Baix Ter Parc Natural de Cap de Creus

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STAGE2
Begur (Aiguablava)
L'Escala
35k|1000M+

CBSR85K
15-17OCT'21
85k|2800M+

CBSR.RUN

ALL

Stage 2 2/2

Rank	#	Runner	Category	Total Km 35,0	Sector 1 Sa Riera Km 9,7	Sector 2 L'Estartit Km 10,6	Sector 3 L'Escala Km 14,7		
26	139	Ana Garcia Martin	WOMEN	5:40:03 min/km 09:42,9	33 1:55:01 11:51,4	21 1:27:38 08:16,0	20 2:17:24 09:20,8		
27	140	Madalena Skowronska	WOMEN	5:44:32 min/km 09:50,6	28 1:47:10 11:02,9	27 1:33:30 08:49,2	27 2:23:52 09:47,2		
28	141	Achim Kohli	MEN	5:44:34 min/km 09:50,7	27 1:46:32 10:59,0	29 1:33:48 08:50,9	28 2:24:14 09:48,7		
29	111	Michael Braun	MEN	5:44:39 min/km 09:50,8	29 1:49:19 11:16,2	22 1:28:14 08:19,4	30 2:27:06 10:00,4		
30	118	Dorthe Kiær	WOMEN	5:46:09 min/km 09:53,4	32 1:52:15 11:34,3	25 1:31:57 08:40,5	26 2:21:57 09:39,4		
31	30	Georg Hauaer	MEN	5:57:43 min/km 10:13,2	30 1:49:34 11:17,7	31 1:34:23 08:54,2	32 2:33:46 10:27,6		
32	129	Conny Kiffen	WOMEN	6:01:42 min/km 10:20,1	31 1:52:13 11:34,1	26 1:33:17 08:48,0	34 2:36:12 10:37,5		
33	102	Anette Pustowka	WOMEN	6:13:14 min/km 10:39,8	38 2:03:23 12:43,2	36 1:40:33 09:29,2	31 2:29:18 10:09,4		
34	130	Joke Schoenmakers	WOMEN	6:14:02 min/km 10:41,2	35 1:58:18 12:11,8	32 1:35:13 08:59,0	36 2:40:31 10:55,2		
35	131	Susanne Tenqler	WOMEN	6:14:18 min/km 10:41,7	36 1:58:38 12:13,8	34 1:39:31 09:23,3	33 2:36:09 10:37,4		
36	135	Ana Garrido Martínez	WOMEN	6:16:04 min/km 10:44,7	34 1:57:32 12:07,0	35 1:40:33 09:29,2	35 2:37:59 10:44,9		
37	112	Josep Gibert Pujals	MEN	6:26:25 min/km 11:02,4	26 1:45:49 10:54,5	39 1:44:14 09:50,0	38 2:56:22 11:59,9		
38	137	Rudolf Vertriest	MEN	6:31:33 min/km 11:11,2	37 1:59:20 12:18,1	37 1:41:34 09:34,9	37 2:50:39 11:36,6		
39	120	Danielle Morris	WOMEN	6:44:27 min/km 11:33,3	41 2:04:25 12:49,6	38 1:43:10 09:44,0	39 2:56:52 12:01,9		
40	147	Philippe Roussel	MEN	7:12:29 min/km 12:21,4	43 2:10:36 13:27,8	43 2:03:41 11:40,1	40 2:58:12 12:07,4		
41	146	Damien Le Meur	MEN	7:12:29 min/km 12:21,4	42 2:10:34 13:27,6	42 2:03:41 11:40,1	41 2:58:14 12:07,5		
42	142	Jane O'neil	WOMEN	7:20:11 min/km 12:34,6	39 2:03:54 12:46,4	41 1:52:51 10:38,8	44 3:23:26 13:50,3		
43	143	Lorraine Mclean	WOMEN	7:20:11 min/km 12:34,6	40 2:04:16 12:48,7	40 1:52:31 10:36,9	43 3:23:24 13:50,2		
44	151	Reika Isono	WOMEN	7:42:04 min/km 13:12,1	44 2:15:02 13:55,3	44 2:04:00 11:41,9	42 3:23:02 13:48,7		
45	106	David Sánchez Haro	MEN	7:53:22 min/km 13:31,5	45 2:16:46 14:06,0	45 2:07:24 12:01,1	47 3:29:12 14:13,9		
46	105	Leticia Sánchez Martín	WOMEN	7:53:22 min/km 13:31,5	46 2:16:47 14:06,1	46 2:07:25 12:01,2	46 3:29:10 14:13,7		
47	116	Joanna Kukawska	WOMEN	8:02:07 min/km 13:46,5	49 2:25:08 14:57,7	47 2:08:58 12:10,0	45 3:28:01 14:09,1		
48	138	Laura Zenón Tecotl	WOMEN	8:07:02 min/km 13:54,9	48 2:20:20 14:28,0	48 2:11:05 12:22,0	48 3:35:37 14:40,1		
49	144	Marieke Hermie	WOMEN	8:07:02 min/km 13:54,9	47 2:20:15 14:27,5	49 2:11:08 12:22,3	49 3:35:39 14:40,2		

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CONSEIL SPORTIF LA SEIVA

CONSEIL COMERCIAL de la Selva

Parc Natural del Montgrò, les Illes Medes i el Baix Ter

Parc Natural de Cap de Creus

