

# COSTABRAVA

## STAGE RUN

**STAGE 1**  
Blanes-Tossa de Mar  
22k | 900M+

**CBSR125K**  
15-17 OCT '21  
125k | 4200M+



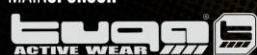
**CBSR.RUN**

ALL

Stage 1 1/2

Rank	#	Runner	Category	Total Km 22,2	Sector 1 Lloret de Mar Km 9,5		Sector 2 Cala Ganyelles Km 5,1		Sector 3 Cala Llorell Km 3,0		Sector 4 Tossa de Mar Km 4,6	
					1	2	3	4	5	6	7	8
1	23	Guillem Busquets Pascual	MEN	2:16:24 min/km 06:08.7	1 0:46:27 04:53.4	2 0:28:04 05:30.2	2 0:21:52 07:17.3	1 0:40:01 08:42.0				
2	26	Gerard Martinez Rodes	MEN	2:21:05 min/km 06:21.3	2 0:46:31 04:53.8	1 0:26:50 05:15.7	1 0:20:55 06:58.3	5 0:46:49 10:10.6				
3	15	Michael Henderickx	MEN	2:23:53 min/km 06:28.9	3 0:50:45 05:20.5	4 0:29:23 05:45.7	3 0:22:50 07:36.7	2 0:40:55 08:53.7				
4	4	Filip Claes	MEN	2:27:05 min/km 06:37.5	4 0:50:45 05:20.5	3 0:29:15 05:44.1	4 0:22:57 07:39.0	3 0:44:08 09:35.7				
5	14	Yves Cartier	MEN	2:43:45 min/km 07:22.6	7 0:58:40 06:10.5	5 0:32:42 06:24.7	6 0:26:50 08:56.7	4 0:45:33 09:54.2				
6	18	Miquel Roquer Creus	MEN	2:44:47 min/km 07:25.4	5 0:55:48 05:52.4	7 0:34:47 06:49.2	5 0:26:15 08:45.0	6 0:47:57 10:25.5				
7	10	Marianne Rhode	WOMEN	2:50:00 min/km 07:39.4	8 0:59:03 06:12.9	6 0:33:38 06:35.7	8 0:28:06 09:22.0	7 0:49:13 10:41.9				
8	8	Michiel Schellekens	MEN	2:56:58 min/km 07:58.3	6 0:57:22 06:02.3	9 0:36:33 07:10.0	11 0:30:27 10:09.0	10 0:52:36 11:26.0				
9	31	Tabea Fian	WOMEN	3:04:34 min/km 08:18.8	9 1:02:44 06:36.2	8 0:36:09 07:05.3	7 0:27:37 09:12.3	14 0:58:04 12:37.5				
10	28	Boria Blev Garcia	MEN	3:13:45 min/km 08:43.7	16 1:10:56 07:28.0	18 0:42:53 08:24.5	10 0:29:16 09:45.3	8 0:50:40 11:00.9				
11	27	Martí Navarro Isart	MEN	3:13:47 min/km 08:43.7	15 1:10:54 07:27.8	17 0:42:53 08:24.5	9 0:29:15 09:45.0	9 0:50:45 11:01.9				
12	19	David Moreno Bolaños	MEN	3:13:48 min/km 08:43.8	10 1:06:42 07:01.3	15 0:41:00 08:02.4	15 0:33:29 11:09.7	11 0:52:37 11:26.4				
13	12	Kim Elqar Nielsen	MEN	3:15:06 min/km 08:47.3	13 1:08:39 07:13.6	11 0:39:23 07:43.3	13 0:31:57 10:39.0	12 0:55:07 11:59.0				
14	13	Claus Kock Christiansen	MEN	3:15:07 min/km 08:47.4	14 1:08:41 07:13.8	10 0:39:19 07:42.5	12 0:31:52 10:37.3	13 0:55:15 12:00.7				
15	1	Steve Grout	MEN	3:25:22 min/km 09:15.0	18 1:11:55 07:34.2	13 0:40:05 07:51.6	17 0:34:31 11:30.3	15 0:58:51 12:47.6				
16	3	Karin Van Der Giessen	WOMEN	3:25:22 min/km 09:15.0	19 1:11:57 07:34.4	12 0:40:03 07:51.2	16 0:34:29 11:29.7	16 0:58:53 12:48.0				
17	20	Adam Shedek	MEN	3:26:12 min/km 09:17.3	12 1:07:36 07:06.9	21 0:44:27 08:42.9	14 0:32:03 10:41.0	17 1:02:06 13:29.9				
18	32	John Hammond	MEN	3:34:48 min/km 09:40.5	17 1:11:09 07:29.4	19 0:43:54 08:36.5	21 0:36:07 12:02.3	18 1:03:38 13:49.9				
19	25	Jordi Güera Tornamorell	MEN	3:37:34 min/km 09:48.0	22 1:13:12 07:42.3	20 0:44:07 08:39.0	22 0:36:18 12:06.0	20 1:03:57 13:54.1				
20	24	Xavier Ripoll Geremias	MEN	3:40:36 min/km 09:56.2	11 1:07:19 07:05.2	14 0:40:37 07:57.8	20 0:35:53 11:57.7	24 1:16:47 16:41.6				
21	30	Georg Hauzer	MEN	3:40:54 min/km 09:57.0	21 1:13:10 07:42.1	22 0:45:08 08:51.0	18 0:35:14 11:44.7	23 1:07:22 14:38.7				
22	9	Nihad Hannachi	WOMEN	3:42:29 min/km 10:01.3	23 1:14:58 07:53.5	23 0:46:08 09:02.7	24 0:37:18 12:26.0	21 1:04:05 13:56.0				
23	5	Manuela Pehle	WOMEN	3:48:43 min/km 10:18.2	24 1:18:32 08:16.0	25 0:48:47 09:33.9	23 0:37:11 12:23.7	22 1:04:13 13:57.6				
24	7	Felix Buchner	MEN	3:48:44 min/km 10:18.2	25 1:18:36 08:16.4	26 0:48:47 09:33.9	25 0:37:33 12:31.0	19 1:03:48 13:52.2				
25	16	Marcus Tendler	MEN	3:54:46 min/km 10:34.5	20 1:12:36 07:38.5	16 0:41:19 08:06.1	19 0:35:16 11:45.3	26 1:25:35 18:36.4				

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CBSR.RUN

PARTNERS



INSTITUTIONAL SUPPORT



# COSTABRAVA

## STAGE RUN

**STAGE 1**  
Blanes-Tossa de Mar  
22k | 900M+

**CBSR125K**  
15-17 OCT '21  
125k | 4200M+



**CBSR.RUN**

ALL

Stage 1 2/2

Rank	#	Runner	Category	Total Km 22,2	Sector 1 Lloret de Mar Km 9,5		Sector 2 Cala Canyelles Km 5,1		Sector 3 Cala Llorell Km 3,0		Sector 4 Tossa de Mar Km 4,6	
					Km	min/km	Km	min/km	Km	min/km	Km	min/km
26	21	Sara Fitzgerald	WOMEN	4:13:10 11:24.2	26	1:24:09 08:51.5	24	0:48:41 09:32.7	26	0:43:09 14:23.0	25	1:17:11 16:46.8

**MAINSPONSOR**

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