COSTABRAVA STAGE RUN

CBSR 125k|4300M+ 3-5 MAY 2019

Stage3 Roses Portbou 48K|1500M+

ITRA POINTS CBSR: 3 EXP: 2 — QUALIFYING RACE 2019 — ITRA MEMBER — WWW.CBSR.RUN

ALL — Stage 3 — 1/3

Rank	#	Runner	Category	Total Km 47,8		Sector 1 Montjoi Km 9,0		Sector 2 Cadaqués Km 9,5		Sector 3 Port la Selva Km 9,7		Sector 4 Llançà Km 8,2		Sector 5 Portbou Km 11,4	
1	14	Cyril Chanu	MEN	5:25:29	min/km 06:48,6	1	00:53:50 05:58,9	2	01:09:09 07:16,7	1	01:01:46 06:22,1	1	00:52:00 06:20,5	2	01:28:44 07:47,0
1	1	Stephane Vinot	MEN	5:25:29	min/km 06:48,6	2	00:53:51 05:59,0	1	01:07:42 07:07,6	2	01:02:44 06:28,0	2	00:52:31 06:24,3	1	01:28:41 07:46,8
1	31	Marc Solé Ametller	MEN	5:25:29	min/km 06:48,6										
4	42	Ramon Corrales Valls	MEN	5:57:27	min/km 07:28,7	3	00:57:17 06:21,9	4	01:15:11 07:54,8	6	01:14:16 07:39,4	4	00:56:53 06:56,2	4	01:33:50 08:13,9
5	60	Alfonsina Peppa	WOMEN	6:02:31	min/km 07:35,0					4	01:11:19 07:21,1	3	00:56:40 06:54,6	7	01:36:43 08:29,0
6	54	Joan Bru Casteràs	MEN	6:06:50	min/km 07:40,5	7	01:00:18 06:42,0	5	01:15:53 07:59,3	8	01:14:28 07:40,6	6	00:59:49 07:17,7	6	01:36:22 08:27,2
7	51	Joan Rosich Llorach	MEN	6:06:54	min/km 07:40,5	6	01:00:16 06:41,8	3	01:12:24 07:37,3	3	01:11:11 07:20,3	9	01:02:12 07:35,1	10	01:40:51 08:50,8
8	17	Jeremy Tandy	MEN	6:07:10	min/km 07:40,9	5	00:59:28 06:36,4	6	01:17:44 08:10,9	10	01:18:23 08:04,8	5	00:59:40 07:16,6	3	01:31:55 08:03,8
9	55	Manuel López Requejo	MEN	6:10:19	min/km 07:44,8	4	00:58:18 06:28,7	7	01:17:49 08:11,5	5	01:14:14 07:39,2	8	01:01:06 07:27,1	8	01:38:52 08:40,4
10	56	Albert Solina Bundo	MEN	6:10:32	min/km 07:45,1					7	01:14:25 07:40,3	7	01:00:57 07:26,0	9	01:39:08 08:41,8
11	52	Carles València Nebot	MEN	6:17:58	min/km 07:54,4										
12	18	Nicola Picasso	MEN	6:30:23	min/km 08:10,0					9	01:18:03 08:02,8	17	01:10:32 08:36,1	12	01:43:58 09:07,2
13	29	Heather Whitlock	WOMEN	6:31:01	min/km 08:10,8					11	01:20:32 08:18,1	10	01:02:49 07:39,6	11	01:42:44 09:00,7
14	33	Martí Forest Titos	MEN	6:38:55	min/km 08:20,7	9	01:02:44 06:58,2					16	01:10:03 08:32,6	5	01:36:17 08:26,8
15	62	Jens Michalke	MEN	6:42:30	min/km 08:25,2										
16	36	Jon Salaberri Coronado	MEN	6:45:19	min/km 08:28,8	10	01:03:08 07:00,9					11	01:04:34 07:52,4	15	01:46:06 09:18,4
17	5	Gabriel Parra Galan	MEN	6:47:06	min/km 08:31,0	11	01:03:37 07:04,1	8	01:23:46 08:49,1	12	01:23:21 08:35,6	12	01:04:41 07:53,3	17	01:51:41 09:47,8
18	25	Jorge Garcia-Coca Castro	MEN	6:47:41	min/km 08:31,7	16	01:07:05 07:27,2					14	01:08:23 08:20,4	16	01:46:10 09:18,7
19	37	Toni Ortiz	MEN	6:58:41	min/km 08:45,5	17	01:07:15 07:28,3					15	01:10:02 08:32,4	13	01:44:06 09:07,9
20	65	Cong Ma	WOMEN	7:01:17	min/km 08:48,8	8	01:02:24 06:56,0					13	01:08:11 08:18,9	20	02:01:56 10:41,8
21	43	Josue Déniz Peñate	MEN	7:03:22	min/km 08:51,4	12	01:04:53 07:12,6	9	01:23:51 08:49,6	13	01:25:23 08:48,1	19	01:11:10 08:40,7	18	01:58:05 10:21,5
22	11	Carles Teruel Castelló	MEN	7:05:15	min/km 08:53,8										
23	64	Georg Hauger	MEN	7:20:13	min/km 09:12,6	13	01:05:14 07:14,9					18	01:11:04 08:40,0	22	02:05:35 11:01,0
24	32	Julio Pedrosa Gimenez	MEN	7:21:10	min/km 09:13,8							20	01:14:31 09:05,2	14	01:45:39 09:16,0
25	16	Alexis Segarra Urios	MEN	7:22:46	min/km 09:15,8										

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COSTABRAVA STAGE RUN

CBSR 125k|4300M+ 3-5 MAY 2019

Stage3 Roses Portbou 48K|1500M+

WWW.CBSR.RUN

ITRA POINTS CBSR: 3 EXP: 2

ALL — Stage 3 2/3

Rank	#	Runner	Category	Total Km 47,8	Sector 1 Montjoi Km 9,0		Sector 2 Cadaqués Km 9,5		Sector 3 Port la Selva Km 9,7		Sector 4 Llançà Km 8,2		Sector 5 Portbou Km 11,4	
26	59	Francesc Garrido Zapata	MEN	7:27:17 min/km 09:21,4										
27	39	Eimanne El Zein	WOMEN	7:31:31 min/km 09:26,8										
28	28	Steve Grout	MEN	7:40:58 min/km 09:38,6										
29	44	Peter Pfleger	MEN	7:47:30 min/km 09:46,8	24	01:16:22 08:29,1					22	01:17:01 09:23,5	23	02:05:48 11:02,1
30	48	Bernhard Höft	MEN	7:47:31 min/km 09:46,8										
31	61	Manel Mena Cepe	MEN	7:52:44 min/km 09:53,4	25	01:16:30 08:30,0					27	01:19:28 09:41,5	19	02:00:25 10:33,7
32	58	Zoe Pye	WOMEN	7:53:52 min/km 09:54,8	18	01:09:24 07:42,7					28	01:19:53 09:44,5	21	02:03:05 10:47,8
33	45	Patrick Raimond	MEN	7:54:20 min/km 09:55,4	19	01:10:20 07:48,9					29	01:20:02 09:45,6	26	02:11:17 11:31,0
34	8	Jêss García Casadevall	WOMEN	7:57:22 min/km 09:59,2	14	01:06:30 07:23,3					23	01:18:41 09:35,7	27	02:14:45 11:49,2
35	9	Victor Joana Calavia	MEN	7:57:25 min/km 09:59,3	15	01:06:31 07:23,4					25	01:18:50 09:36,8		
36	30	Carles Criville Pedrero	MEN	7:57:34 min/km 09:59,5	21	01:13:43 08:11,4					30	01:20:39 09:50,1	28	02:15:50 11:54,9
37	13	Eva Simonse	WOMEN	7:59:52 min/km 10:02,3	23	01:16:11 08:27,9					24	01:18:50 09:36,8	25	02:07:33 11:11,3
38	12	Erwin Van Broekhoven	MEN	7:59:54 min/km 10:02,4	27	01:17:15 08:35,0					26	01:18:54 09:37,3	24	02:07:15 11:09,7
39	49	Elske Van Der Putten	WOMEN	7:59:59 min/km 10:02,5										
40	41	Alvaro Puertas Puñal	MEN	8:05:37 min/km 10:09,6	20	01:11:25 07:56,1					21	01:15:23 09:11,6		
41	26	Joao Carlos Da Costa Mendes	MEN	8:22:21 min/km 10:30,6	22	01:15:12 08:21,3					33	01:28:01 10:44,0		
42	53	Jordi Vila Punti	MEN	8:22:57 min/km 10:31,3	26	01:17:08 08:34,2					31	01:23:14 10:09,0		
43	47	Pieter Palmans	MEN	8:27:44 min/km 10:37,3										
44	7	Troy Forslund	MEN	8:28:03 min/km 10:37,7										
45	22	Santi Torres Jordi	MEN	8:37:14 min/km 10:49,3	28	01:18:57 08:46,3	12	01:53:19 11:55,7	15	01:36:49 09:58,9	38	01:33:11 11:21,8		
46	19	Joaquin Calsina	MEN	8:37:16 min/km 10:49,3	30	01:19:20 08:48,9	11	01:52:43 11:51,9	16	01:38:31 10:09,4	36	01:31:55 11:12,6		
47	23	Oriol Gifra	MEN	8:37:18 min/km 10:49,3	29	01:19:04 08:47,1	15	01:55:44 12:10,9	14	01:34:37 09:45,3	37	01:32:49 11:19,1		
48	27	Stefan Heynes	MEN	8:47:41 min/km 11:02,4										
49	50	Jose Serrano Otero	MEN	8:48:47 min/km 11:03,7										
50	46	Laetitia Montant	WOMEN	8:49:57 min/km 11:05,2	31	01:20:43 08:58,1	10	01:51:11 11:42,2	19	01:50:47 11:25,3	32	01:27:15 10:38,4		

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ALL

Stage 3 3/3

Rank	#	Runner	Category	Total Km 47,8		Sector 1 Montjoi Km 9,0		Sector 2 Cadaqués Km 9,5		Sector 3 Port la Selva Km 9,7		Sector 4 Llançà Km 8,2		Sector 5 Portbou Km 11,4
51	3	Michael Maisch	MEN	8:54:14	min/km 11:10,6	32	01:24:27 09:23,0	14	01:54:29 12:03,1	17	01:47:15 11:03,4	35	01:28:40 10:48,8	
52	4	Petra Wendt-Maisch	WOMEN	8:54:15	min/km 11:10,6	33	01:24:36 09:24,0	13	01:53:49 11:58,8	18	01:48:04 11:08,5	34	01:28:37 10:48,4	

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_MEDIAPARTNERS
_INSTITUTIONALSUPPORT

ALL

Stage 3 4/4

Rank	#	Runner	Category	Total Km 47,8	Sector 1 Montjoi Km 9,0	Sector 2 Cadaqués Km 9,5	Sector 3 Port la Selva Km 9,7	Sector 4 Llançà Km 8,2	Sector 5 Portbou Km 11,4

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_PARTNERS
_VEHICLESPONSOR
_MEDIAPARTNERS
_INSTITUTIONALSUPPORT

ALL

Stage 3 5/5

Rank	#	Runner	Category	Total Km 47,8	Sector 1 Montjoi Km 9,0	Sector 2 Cadaqués Km 9,5	Sector 3 Port la Selva Km 9,7	Sector 4 Llançà Km 8,2	Sector 5 Portbou Km 11,4

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